



Church of God Sunday School

FEET WASHING AND THE LORD'S SUPPER

Matthew 26:17-30; Mark 14:12-26; Luke 22:7-20; John 13:1-30

Jesus had spent three and a half years preaching and teaching and healing people. Soon the time would come when He would die on the Cross for the sins of the whole world. But first Jesus wanted to share an important lesson with His disciples.

It was time for the Feast of Unleavened Bread (unleavened bread is made without yeast). The Jews kept this feast to remind them of how God delivered Israel from slavery in Egypt many years before. This feast is also called the Feast of the Passover.

Jesus and twelve of His disciples (the Apostles) came to Jerusalem for the Passover. This feast would last for eight days. On the first day, Jesus told Peter and John to go into the city to prepare the Passover meal.

Jesus told Peter and John that they would meet a man carrying a pitcher of water. (This would be unusual, for carrying water pitchers was usually done by women.) Peter and John were to follow this man to the house that he entered. There they would meet the owner of the house, and he would show them a large upper room where Jesus and the twelve disciples could eat the Passover meal.

Peter and John found the man, and they followed him. The owner had an upper room already prepared, just as Jesus had said. Many of the Jewish homes had an upper room. These houses looked like two boxes, one set on top of the other. Outside stairs led to this upper room, a room often used for guests.

Peter and John prepared the meal, and in the evening, the twelve disciples and Jesus came together to eat it. The Passover meal would be unleavened bread and roasted lamb, the same meal the Israelites had eaten years ago before their flight from Egypt.



Sometime during or after the meal, Jesus stood up and took a towel and tied it around His waist. He poured water into a pan and began to wash the feet of the disciples. Jesus was performing a humble servant's task. The disciples did not understand this, but Jesus told them they would understand later.

When Jesus came to Peter, he refused to have his feet washed. No doubt, he felt unworthy to have Jesus wash his feet. Jesus patiently said, "If I wash thee not, thou hast no part with me." Peter did not want to be left out, so he said, "Lord, not my feet only, but also my hands and my head."

Jesus told the disciples that He knew their bodies were clean and that they had washed before supper; but there was one disciple among them whose heart was not clean, and only Jesus knew who he was. He was Judas Iscariot.

After Jesus finished washing the disciples' feet, He sat down and asked them, "Know ye what I have done to you?" Jesus then explained, "If I . . . have washed your feet; ye also ought to wash one another's feet."

Jesus had taken the humble part of a servant, showing the disciples how to treat each other. He wanted them to know that not one of them was more important than the rest. Jesus wanted them (and us) to remember to be humble and to serve others. There is a blessing in serving others. Jesus said, "If ye know these things, happy are ye if ye do them."

Jesus took the unleavened bread, blessed it, broke it, and said, "Take, eat; this is my body." Next, Jesus took a cup of juice, gave thanks, and said, "Drink ye all of it . . . this is my blood."

The bread was not really Jesus' body, and the juice was not really Jesus' blood. They were only symbols. Jesus knew how easy it is for people to forget. So He told the disciples, "This do in remembrance of me." This is often called the Lord's Supper.

What did Jesus want His disciples to remember? Soon Jesus would die on the Cross. He would give His body and His blood (and His life) to take "away the sin of the world" (John 1:29). Because of this sacrifice, we

can now live a life free from sin. We should never forget this wonderful gift or the high price that Jesus paid to give this gift to us!

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**MEMORY VERSE:**

*"For I have given you an example, that ye should do as I have done . . . ."*

*—John 13:15*  
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"In Remembrance of Me"

When we partake of the Lord's Supper,
what do the bread and the juice remind us of?



"This is my _____
which is given for you."



"This is my _____
which is shed for many."

Feet Washing



Across

1. It was time for the Feast of Unleavened _____.
6. Feet washing and the Lord's Supper are called _____.
7. After supper, Jesus washed the disciples' _____.

Down

2. Another word for Jesus' disciples: _____
3. The disciples drank this: _____
4. Unleavened bread is missing this: _____
5. This disciple didn't want his feet washed: _____

Word Bank

yeast
 feet
 Bread
 juice
 Peter
 ordinances
 Apostles

